



Facing the New Challenge of the Times with Love

純存心中的愛，迎向時代新挑戰

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2019年被英女皇形容為相當「顛簸」的一年¹。全球各地有為著經濟民生的不滿而抗議，亦有對民主自由的渴求而抗爭，國與國之間充斥著不信任和利害關係的矛盾。唯瑞典環保少女格蕾塔卻成為2019年時代周刊的年度人物，稍為動盪中的世局帶來新一代希望的表徵。

然而政局和世事似乎都在不可預料中延續，牽動著人類整體性的情緒，上至國際社會，下到個人家庭，都無可避免地感受到多樣化的精神壓力，心靈迷惘，及關係緊繃等衝擊。種種跡象的顯示，讓我們預感到2020年將會迎來更為嚴峻的挑戰與考驗。然而多年的經驗，告訴我們世情幻變，本來就是人類歷史進程的常態，幻變帶來的衝擊，往往成為我們擦新異像，和堅定召命的機遇，唯能純存天賦的愛，堅守信念，讓磨難轉化為更堅韌的力量。「泉源」本著人同此心，心同此理的原則，將會繼續致力於整合信仰與心理學，貫徹於心理和婚姻家庭治療，教育，培訓及靈命塑造等見效的四元配合服務模式，藉此陪伴受眾一起走過高山低谷，迎向希望的陽光，體現逆境自強的生命蛻變，讓歲月滋養家庭的溫度，讓愛連結人間溫情，共同建構社區的康寧。

2020年逆境自強策略

(一) 壯大臨床治療團隊，以回應更大的時代挑戰。繼續按需要徵召同心同德，並各具專長的心理和婚姻家庭治療師，資深督導，及加強專業培訓和發展。

2019 was described by Queen Elizabeth as a bumpy year. ¹ We saw social unrest caused by economic decline in various parts of the world, protests in the quest for democratic freedom, and international conflicts over selfish national interests. On the other hand, the teenage Swedish climate change and environmental activist, Greta Thunberg, Times Magazine's Person of The Year, brought some hope for the next generation.

World economy and politics continue to be unpredictable, affecting the state of mind of the populace, and inflicting much emotional stress on individuals, families, and relationships. By all indications, 2020 will bring more severe challenges and trials. However, experience shows that change is normal in human progress, and often becomes an opportunity for us to renew our vision and affirm our mission. Holding on to our faith and God-given love, we can build resilient strength from trials. It is with that principle that the Living Water Counselling Centre will continue our efforts to integrate faith and psychology in our psychotherapy and marriage/family therapy, education, training and spiritual formation--our 4-pronged service model. We journey with those who use our services through peaks and valleys towards rays of hope, helping them turn adversities into life-transforming opportunities for self-resilience, as they enjoy harmonious family and interpersonal relationships through the bond of love, thereby promoting peace and harmony in society.

2020 Strategies for strengthening resilience during adversity

(1) Strengthening our team of therapists.

To meet the increasing demand of the times, we will recruit additional psycho-education, marriage and family therapists and seasoned supervisors as needed, and provide continuing professional development opportunities for the whole clinical team.

(二) 擴展身心社靈全人健康教育，以壯健面對時代動盪中的抗壓力，反彈力，及提升自我覺察和認識，培育內心的平靜安舒。將專注個人、家庭及青少年的需要，增加提供已見成效的「正念/靜觀認知治療法」課程，及「靈命塑造」同行群組，學習照顧自己的身心靈健康，及建立和諧的家庭及人際連繫。

(三) 延展非凡夥伴關顧路。1) 繼續尋求與更多教會於「教會會眾輔助計劃」上的配搭事奉，普及和鞏固會眾的精神及婚姻家庭健康，體現教會為福音和治療群體的獨特角色。2) 會延續與新夥伴：天道大學、戴德生華人事工中心於「牧者安康及關顧輔導」，等課題和有關的活動上合作。計劃會明年就專業、教牧、家人及關懷者等不同階層的關愛同行者，舉辦「邁過創傷，開啟仁慈茁壯成長路」研討會。3) 繼續與「華人精神健康計劃」推動社區心理及精神健康預防教育活動。

(四) 落實多元策略開關資源。承接已創辦了的「非凡人生Fun Fit Fund」項目，將養生、健體、養心及慷慨等健康核心價值，融貫於身心健美系列講座、正念步行練習及豐業銀行多倫多湖濱馬拉松活動等募捐活動，具體地帶動全人健康，活出愛人如己，和施比受更為有福的正能量生活。另一方面將繼續申請政府資助的暑期學生計劃，以增添人力資源，創新科技設置。同時申請適合的補助教育項目，以加強培訓對「長者關愛」及「跨代同行」的項目。

轉眼間泉源已踏進33個年頭的事奉，雖然面對不同時代的動盪及挑戰有增無減，然而在神豐盛的恩典，信實的同在，加上有情有義的董事、會員、同工、義工，並各層面的非凡夥伴，和支持者們的同行陪伴下，困難反成了我們跨越險阻，提升服事的能耐，及更新服務品質的印證，成為「泉源」最大的收穫和感動，特此致以衷心的感謝。有道「這是最壞的時代」，然而我卻深信，只要我們一起凝聚天賦的愛，並在你我的家人、親友、同事和鄰舍間，發揮感染力，集結愛心與力量，治療憂傷，驅散恐慌，把握壞時代為轉化成為最好時代的契機，為別人的生命增添喜樂與平安的色彩，也使自己的生命變得更為豐實亮麗。再踏征途之際，誠邀繼續與我們同行，一起體現「愛在人生風暴間，綻放生命自非凡」的人生。

參 Reference ¹ <https://www.bbc.com>

(2) Expanding our holistic health education programs. Catering to the needs of individuals in different age groups, and families, for help in coping with pressure, developing resilience, attaining more self awareness & understanding, and inner peace, we will deliver more programs that have proven to be successful, such as Mindfulness-Based Cognitive Therapy classes and spiritual formation support groups, to help participants learn to care for their own holistic health, build harmonious family and inter-personal relationships.

(3) Further growing our extraordinary partnerships.

(a) We will seek more partnerships with churches in our Congregational Assistance Program-Multilingual (CAP-M), making our services more accessible to their congregations for their mental, marital and family health, so the churches can play their unique role as a faith and healing community. (b) We will extend the program in Pastoral Wellness & Pastoral Counselling with our new partner, The Hudson Taylor Centre for Chinese Ministries at Tyndale University. We plan to hold a “Beyond Resilience: Post-Traumatic Growth and Self-Compassion Conference” next year for helping professionals, pastoral staff and their families, and caregivers. (c) We will continue to work with the Chinese Mental Health Initiative in promotion and prevention of community activities on psycho-education and mental health.

(4) Seeking more resources for our multi-faceted approach. We will maintain our “Fun Fit Fund” program, integrating physical health and philanthropy into activities such as the Fun Fit Fund series, Mindfulness Retreat and the Scotiabank Toronto Waterfront Marathon and other fundraising efforts, thereby bringing out a healthy and positive lifestyle with core values such as “love your neighbour as yourself” and “it is more blessed to give than to receive”. We will also continue to acquire more human resources through the government’s Canada Summer Jobs Program, enhance our technological facilities, and apply for grants to deliver more education programs such as Caring for Seniors and Connecting Immigrant Seniors with Families.

LWCC is moving into our 33rd year of ministry. Even though we have experienced increasing challenges through those years, we are most grateful that by the grace of God, and with the unfailing support of our faithful board and corporate members, staff, volunteers and extraordinary partners and supporters, we have come through difficulties with greater resilience in our service delivery and elevated levels of quality service. Some may say that this is “the worst of times”, but I firmly believe that our God-given love can be infectious, moving our family, friends, colleagues and neighbours to join us in showing love to others, healing hurts, and dispelling fear, thereby making these challenging times into “the best of times”, becoming a blessing to others and being blessed ourselves. We invite you to continue with us on this journey, to experience a life that blossoms in the storm.

愛：人性關懷與治療的藝術 Love: The Art of Caring & Healing

Rose Mary Chan, Chair of Board of Director 陳盧道賢女士, 董事會主席

回顧2019年國際新聞的報導，當中所紀錄的國際重大事件都在觸發著人們的精神、情緒、關係及身心靈等方面的問題。生活在加拿大，有著頗好的健康照護體系，家庭醫生照顧我們基本的身體健康，有需要亦可獲轉介到各專科求治。另一方面政府亦投放了不少資源於精神健康系統，以回應全國日益加增的精神疾病。然而鑒於文化、語言、地區及對精神病人的標籤，常成為求診者的障礙。而心理及家庭婚姻治療，和心靈健康問題，則不在政府資助的範圍內，故亦可導致患者求助的遲疑。

有研究顯示人的身心靈健康及和諧，是互為關連的，對生活、工作和家庭甚至是人生，都有著深遠的影響。有見及此，自2016年起，「泉源」即致力開創「精神與靈性健康關注運動」協助大眾化解對精神及心靈健康的誤解，並提供有關方面的社區教育及屬靈的資源。包括加強與教會合作，開創「教會會眾輔助計劃-多種語言，促進會眾對心理及婚姻家庭治療的認識和使用。開辦婦女及長者精神健康教育及關懷培訓，推動「小組靈程導引」及「我的故事」等靈命塑造系列，並舉辦「非凡夥伴，創建社康」座談會。去年更增設「正念減壓」課程是經現代腦神經科學配合精神醫學的臨床研究與實證，應用在醫療和心理輔導及教育等方面，藉此協助參加者提升自我覺察，靜觀內外狀態回歸自我的真實，能智慧地處理情緒和思想，改善人際關係。多年來的努力，效果和迴響都令人十分鼓舞，不得不欣賞和感謝眾同工和講師們的努力不懈，多元創意，及對參加者給予的真摯關愛，賦予這運動和課程生命力。

「泉源」深知將要面對的挑戰很大，要走的路仍是遙遠，但懷著神豐盛的恩典和你們的信任及支持，會繼續以感恩之心，和感激之情，朝著三大方向，履行作董事的任命。

- 1) **調整方向:** 擦新異像，堅守價值，敏銳時需，向目標邁進。
- 2) **謙柔領導:** 帶動眾志，檢視果效，創建社康。
- 3) **開創資源:** 培育人才，創意籌款，睿智理財，以鞏固事工，傳承關顧和治療的智慧。

明年的財政預算是 \$432,000.00.

穩定的經費是事工長線發展的必需資源，然而籌款常是我們最大的挑戰，要向人開口募捐，時感尷尬和膽怯，但從盧雲著作「Fundraising and Spirituality」中，得到更新的屬靈啟迪，指出基督徒為事工籌款，亦是屬靈的操練，不單是鼓勵金錢上的捐獻，也包括給予投入，能力和禱告上的參與，誠意邀請你們繼續同行，一起體驗這個愛心與施予並重的屬靈操練。

現今社會和人心都遭到前所未有的劇變和衝擊，唯有愛能治療創傷，重建人與人之間的尊重和連繫，鞏固婚姻家庭，為我們下一代締造健康穩定成長的好土壤，培育堅韌智慧俱備的新生代，面對不可預知的未來，仍能處變不驚，活在當下，心繫永恆。

Reviewing 2019 international news, I can recount many important international events that touched people's emotions, relationships and other related areas. Canada has a rather good health care system. Family physicians look after our basic health, and they can refer patients to various specialists. Many resources are allocated for mental health as a response to the ever-increasing caseload of people facing mental illness. However, these patients face barriers due to culture, language, geographic distance and the stigma of mental illness labels. Moreover, therapies for psychological, family/marriage, and mental health issue are outside of government funding, causing delays to appropriate treatment.

Research has indicated the inter-relatedness of holistic health and harmony, impacting daily living, work, family, even life itself. LWCC has, since 2016, launched its "Mental and Spiritual Health Campaign", with the aim to educate the public in its understanding of mental and spiritual health and to offer resources addressing these needs at the community level. We introduced Congregational Assistance Program-Multilingual (CAP-M) to offer psychotherapy and marriage & family therapy to church attendees in a timely manner. We organized educational courses and caring training for women and seniors, developed courses in spiritual direction/formation under the heading "Small Group Spiritual Direction" and "My Story", held symposium on "Building Healthy Community through Caring Mission". Since 2018, we began to offer "Mindfulness" courses. "Mindfulness" is the integration of medical science, psychotherapy and education which seeks to increase participants' self-awareness, available resources, access to self and reality in order to wisely deal with one's emotions and thoughts to improve interpersonal relationships. We received many encouraging feedback from participants. I would like to thank our staff and workshop speakers for their amazing creativity and dedication to bring this series of workshops to fruition.

Living Water continues to face huge challenges. With deep conviction of God's grace, your trust and support, we seek to fulfill the following 3 mandates of the board:

1. **Adjusting our direction:** embrace a renewed vision, hold fast to our values, yet be sensitive to changing needs.
2. **Servant leadership:** share our vision, flesh out our mission, assess our effectiveness in social health.
3. **Expand resources:** staff development, innovative fundraising, prudent financial management towards sustainable development.

Our financial budget for 2020 is \$432,000.00.

Having a stable source of operating expenses to sustain ministry is a must. Fundraising remains our weakest skills and a huge challenge. Henri Nouwen's book on *A Spirituality of Fundraising* reminds us that it is a spiritual exercise to encourage others to support us not only financially, but also direct involvement such as active participation and prayer. I invite you to come alongside to experience together this spiritual exercise of love and giving.

Nowadays, society and humanity are facing unprecedented change and upheaval, only love can bring healing, rebuild respect, and strengthen marriage and family. We want to do this so that we can leave a solid legacy for the next generation and they have the resilience to face their own tomorrow.

Message from the Board Chairman

董事會主席的話

2019

Mental Health & Spirituality Awareness Campaign Accomplishments

『精神與靈性健康』關注運動的成果

	C = Cantonese E = English M = Mandarin	Topics 課題	Sessions 次數	Hours 小時	Attendance 出席人次	
Workshops 講座/研習會		32nd Anniversary Fundraising Gala & Vision Sharing: Love in Life Transitions 32週年異象分享暨籌款晚宴: 愛在人生轉折間(國粵)	1	3.5	350	
		Amazing Partnerships & Caring Community Conference: Transforming Life Stress to Wisdom (C & M) 非凡伙伴, 關愛群體研討會: 轉化人生壓力的智慧(國粵)	2	4	67	
		Amazing Partnerships & Caring Community Conference: Pastors and Faith Leaders 360° Wellness (C & M) 非凡伙伴, 關愛群體研討會: 牧者及信徒領袖的 360°安康(國粵)	2	4	44	
		Psycho-education Booths Tour 泉源新知之旅	1	1	70	
		Connecting Dinners: Collective Fear, Collective Love 非凡伙伴晚宴: 恐慌流離, 蒼茫間; 非凡伙伴, 凝聚愛	1	3.5	68	
		MCI: Parenting Support Group for Raising Healthy Youth Workshops (M & C) 父母情商:完滿中學教育(國粵)	2	4	26	
		MCI: Parenting Support Group for Raising Healthy Youth (M & C) 父母情商:打開子女人生成功之門的鑰匙(國粵)	2	4	47	
		Living Water of Love Fundraising Fun Day 2018 (M, C & E) 正念/靜觀退修籌款日(國粵)	1	4	42	
		Scotiabank Toronto Waterfront Marathon/Walkathon (C & E) 豐業銀行湖濱馬拉松步行籌款日(粵英)	1	4	21	
	Groups 小組		MCI: Parenting Support Group for Raising Healthy Youth (M & C) 青少年家長心理健康支援組課程(國粵)	12	24	226
		Fun Fit Fund Series: Making Fitness as a Way of Life (C & E) 非凡人生:身心健美系列(粵英)	4	7.5	46	
		Mental Health Psycho-Education-Women's Support Group Fall Term (C) 活得精彩婦女互助小組 -秋季(粵)	7	14	98	
		Mindfulness Based Cognitive Therapy (MBCT) (C) 正念/靜觀治療法課程(粵)	24	54	294	
		MBCT-Follow Up Class (C) 正念/靜觀治療法跟進課程(粵)	6	12	72	
		Mindfulness Based Social Emotional Learning for Parents (MBSEL) (C) 培育正念孩子課程(粵)	16	36	210	
		Info Session MBSEL for Adolescent and Youth (E)	1	2	12	
		MBSEL for Adolescent (E)	5	30	45	
		MBSEL for Youth (E)	4	16	32	
		Info Session for MSC (C) 自我關懷課程體驗堂(粵)	1	2	23	
Training 培訓			Women Support Group Volunteer Meetings 活得精彩婦女義工會 - 秋季(粵)	7	7	28
			The Confluence of Traditional Chinese Culture on Asian Immigrants Health - Stouffville Hospital Lunch and Learn Training (E)	2	2	18
Counselling/ Psychotherapy 輔導/心理治療			One Day Free Counselling Service (M, C & E) 免費輔導日(國粵英)	17	19	21

TOTAL 共

119

Sessions 次數

258

Hours 小時

1860

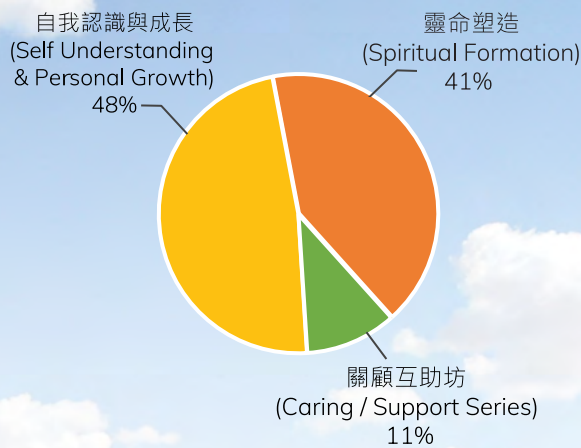
Attendance 出席人次

2019 Statistics for Wholistic Education/Training/Spiritual Formation Programs

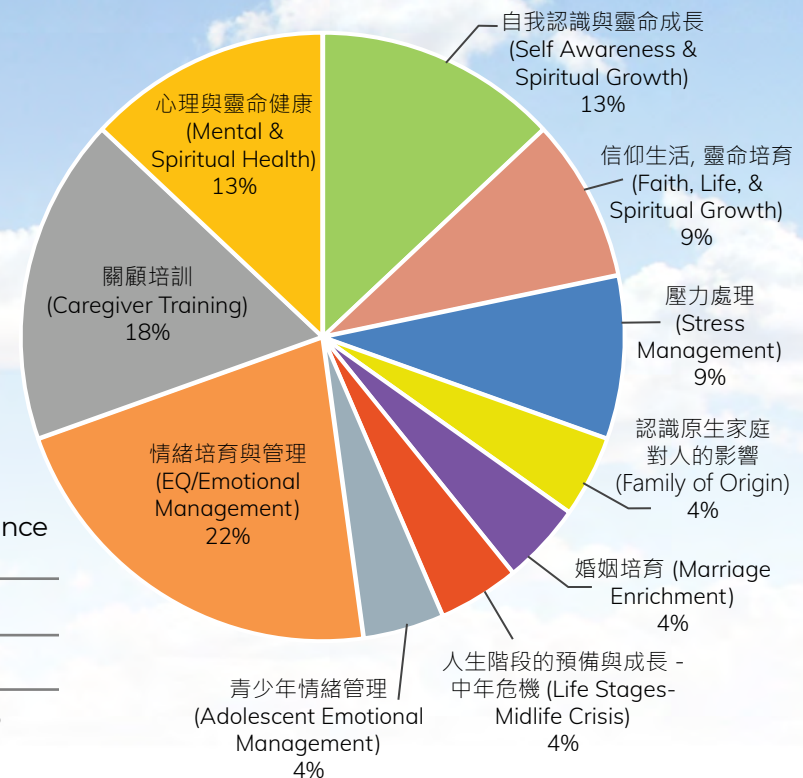
2019 全人教育，培訓及靈命塑造項目

% of time spent on activities held by LWCC

1 「泉源」課程 / 培訓 / 小組 (Courses/Trainings/Group Work Held by LWCC)



2 應教會及社區邀請的講座/培訓/營會/主日學/退修會 (Seminars / Trainings / Retreat / Sunday School - By Invitation from Church & Community)



	Sessions 次數	Hours 小時	Attendance 人次
Subtotal 小記 1	75	170	759
Subtotal 小記 2	33	23	1216
Grand Total 總計	108	193	1975

2019 Invited/Collaborative Churches & Community Agencies

2019 年應邀/合作的教會及社區機構

多倫多城北華人宣道會 North Toronto Chinese Alliance Church
 烈治文山國語宣道會 Richmond Hill Mandarin Alliance Church
 城北華人基督教會 Richmond Hill Christian Community Church
 多倫多中華循道會 Toronto Chinese Methodist Church
 多倫多北區華人浸信會 North Toronto Chinese Baptist Church
 多倫多嶺東浸信會 Toronto Swatow Baptist Church
 多倫多華人基督教會 Toronto Christian Community Church
 新生命台福基督教會 EFC New Life Gospel Church
 密密可浸信會 Mimico Baptist Church
 力士谷華人宣道會 Rexdale Chinese Alliance Church
 愛城宣道會城北堂 North Edmonton Alliance Church
 美城華人浸信會 Mississauga Chinese Baptist Church
 美城華人宣道會 Mississauga Chinese Alliance Church
 美堅華人基督教會 Milliken Christian Community Church
 聖公會聖約翰堂 St. John's Anglican Church
 萬峰浸信會 Malvern Baptist Church

賓頓福音宣教會 Brampton Evangelical Missionary Church
 麥城華人浸信會 Markham Chinese Baptist Church
 華人精神健康網絡 Chinese Mental Health Network
 約克區華人精神健康計劃 Chinese Mental Health Initiative of York Region
 加拿大華人基督教禮賢會 Rhenish Church of Canada
 Gibson Centre
 北約華人浸信會 North York (Chinese) Baptist Church
 士嘉堡華人浸信會 Scarborough Chinese Baptist Church
 北約恩典福音堂 Grace Chinese Gospel Church of North York
 活證浸信會 Wismer Baptist Church
 環球福音廣播中心 TWR Canada
 加拿大華福中心 CCCOWE Canada
 多倫多華人基督徒親子會 Toronto Chinese Christian Parenting Association
 麥城衛斯理社區中心 Markham Wesley Community Centre

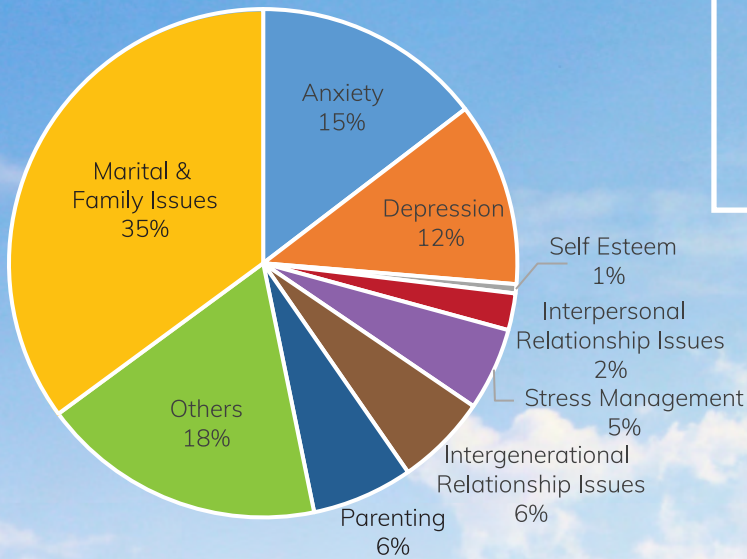
2019 Statistics of Counselling/Psychotherapy

輔導服務統計

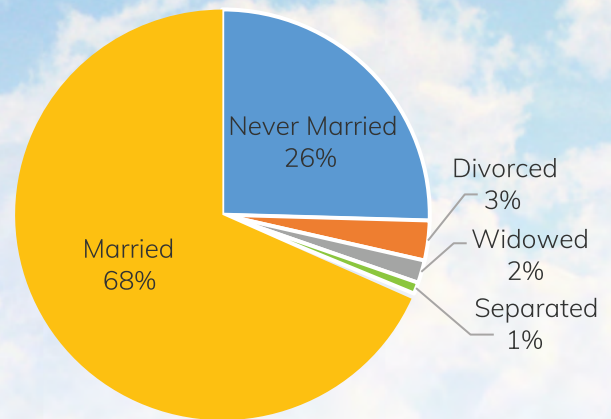
TOTAL #

總輔導小時	Counselling Hours	951
全年新個案	New Cases in 2018	118
教會會眾輔助服務—多種語言	CAP-M # of Churches	5

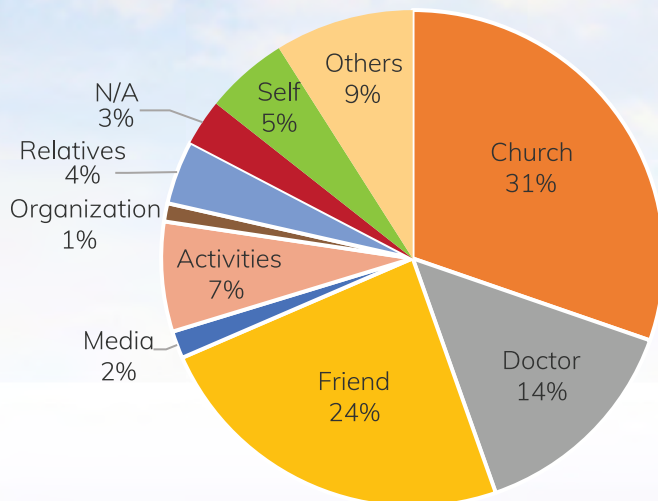
Nature of Counselling



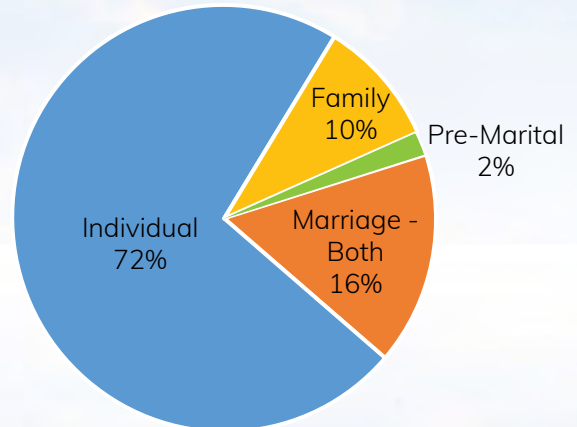
Marital Status



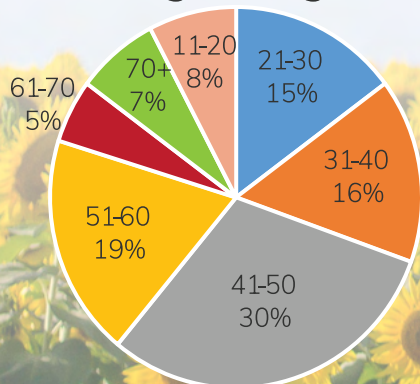
Referral Source



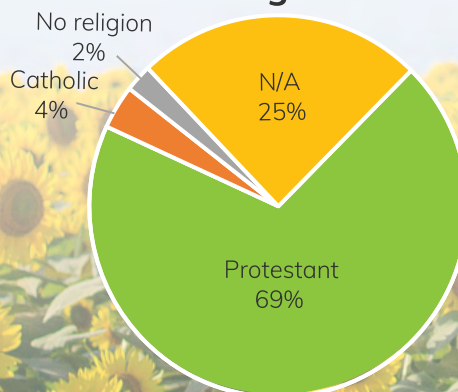
Nature



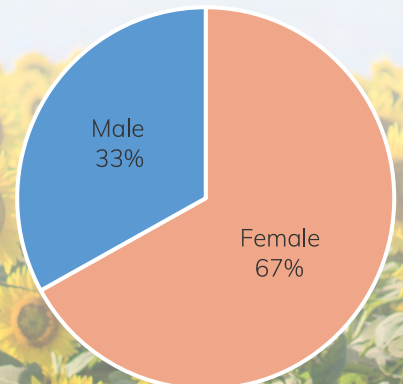
Age Range



Religion



Sex



統計及財務

Statistics & Finance

2019 Supporters and Sponsors

支持者和贊助商

Living Water Counselling Centre would like to express our heartfelt gratitude to the individuals, families, physicians, churches, companies and organizations for their referrals, donations and sponsorships. Their generous supports are vital to the ongoing operation of our services.

Sponsors

Alex Chan
 Alpha Canada
 Alven Choi
 AWM Financial Services Inc
 Dr. Michael Y.H. Wong & Associates Dental Office
 Dr. Colin Hong Cosmetic Surgery and Skin Management
 Eric Yuen
 Landpower Real Estate-Charmain Lau
 Landpower Real Estate-David Tong
 Magdalene Wong, AICB, Winver Accounting Partners
 Ming Po Wong, CPA
 Pegasus Enterprise Solutions
 Sammy Hui, Remax Realtron United Reality
 Samuel Ip RBC Wealth Management, Dominion Securities
 Urban Planet-YM Inc.
 Wa Jee Food Packaging
 William Hui, CGA
 William Lin, Citistar Financial Inc.

Short Term Grant Funders

Ontario Government - Ministry of Citizenship and Immigration
 Federal Government - Employment and Social Development Canada

Supporting Churches

Brampton Evangelical Missionary Church
 Calvary Logos Baptist Church
 Good Shepherd Christian Community Church
 Hallelujah Chinese Evangelical Free Church
 Logos Baptist Church (Miliken)
 Mississauga Chinese Baptist Church
 North York Chinese Baptist Church
 Richmond Hill (Chinese) Baptist Church
 Scarborough Chinese Baptist Church
 Toronto Chinese Methodist Church

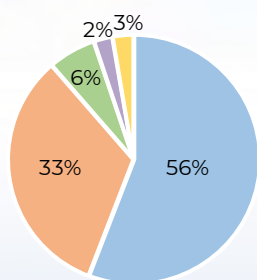
Organizations, Corporations & Charities

ACEM
 Chinese Family for Christ USA
 Lao's Family Charitable Trust
 MWS Pang Medicine Professional Corp.
 Ontario Chinese Christian Medical Fellowship
 Operation Dawn Canada
 S.W.J. Pun Family Fund
 United Way Toronto
 Wa Jee Food Package

Financial Statement 2019 and Budget 2020

2019年收支及2020年財政預算

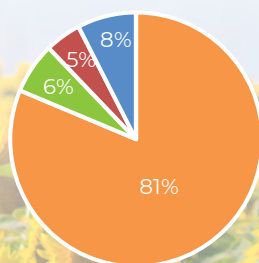
- 捐獻 Donations
- 服務項目 Services & Programs
- 項目資助 Program Grants
- 贊助 Sponsorships
- 其他收入 Miscellaneous



Actual 2019 結帳

總收入
 Total Revenues
\$308,170

- 服務項目 Services & Programs
- 物業管理 Office & Maintenance
- 行政常費 Administration & General
- 推廣籌款 Promotion & Fundraising



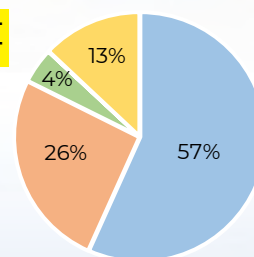
總支出
 Total Expenses
\$376,752

剩餘 (赤字)

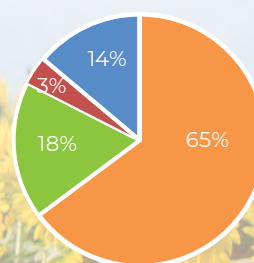
SURPLUS OR (DEFICIT)
 ACTUAL 2019 結帳
(\$68,582)

Budget 2020 預算

總收入
 Total Revenues
\$432,000



總支出
 Total Expenses
\$432,000



Our Vision 我們的異象

一個充滿關愛和康健的社群，人們可以邁向整全的身心靈和人際健康。
A caring and healthy community that people grow towards the wholeness of life with physical, mental, spiritual, and social wellness.

Our Mission 我們的使命

致力以輔導/心理治療、靈命塑造、教育及培訓，協助處於人生不同境遇中的家庭、夫婦及個人，邁向整全融和的生命。同時藉著與社會服務網絡、基督團體及多元化專業人士等，結成夥伴，合力建構有關愛及健康的社區。

Our mission is dedicated to help individuals, couples, and families with life situations to grow towards wholeness of life through Counselling/Psychotherapy, Spiritual Formation, Education, and Training. In addition, we endeavor to build a caring and healthy community through partnerships with social services networks, Christian communities, and multi-disciplinary professionals.

Board of Directors

Chairman: Ms. Rosemary Chan
Treasurer: Mr. William Hui
Secretary: Mr. Alven Choi
Directors: Dr. Thomas Choy*, Dr. Alan Fung*

Corporate Members

Ms. Bertha Chang Rev. Kelvin Luong*
Mr. Colin So* Mr. Samuel Ip
Ms. Hilda Chow Ms. Sandy Ho
Ms. Iris Tsui

Staff

Executive Director/Therapist: Kit-Ming Koo*, M.C.E., M.A., Registered Psychotherapist, Registered Marriage & Family Therapist, Clinical Fellow and Approved Supervisor AAMFT

Director of Resource Development: Lucetta Lam*, M.S.W., Registered Social Worker, Psychotherapist

Clinical & Holistic Health Therapist: Judy Wu*, M. Ed., Registered Psychotherapist, Registered Marriage & Family Therapist

Clinical Therapist & Holistic Health Coordinator: Eva Tong*, M. Ed., Registered Psychotherapist
Mimi Wang*, M.A., Registered Psychotherapist

Program & Community Outreach Coordinator: Star Ying Tao Yu*, B. Mgmt., M.C.S.

Administrative Officer: Katie Lau, E.C.E. Diploma

Clinical Faculty/Therapists

Agnes Chen	M.Div., R.P., RMFT
Cindy Li*	M.Div., R.P.
Joanne Chan	M.S.W., R.S.W.
Merrin Ng*	M.Div., R.P., Clinical Fellow & Approved Supervisor AAMFT
Natalie Cheung*	M.S.W., R.S.W., Certified Mindfulness Instructor
Patricia Chan*	M.Div., R.P.
Polly Hui	M.Div., R.P., RMFT
Ramee Whittle	M.A., R.P.
Shirley Pun*	M.Div., R.P.
Vivien Tsoi	M.Div., M.S.W., R.S.W.

Spiritual Directors

Angelina Lim* Dip. Of S.D.
(Voluntary Spiritual Director)
Carman Ho* E.C.E., M.T.S., Certified Spiritual Director
Viola Lee* D.Min., Dip. of S.D.

Speaker Faculty

Dennis Mok	M.Div., D. Min.
Shirlin Cheung	B.S.W., R.S.W., M.T.S.
Rev. Nelson Yiu	M.Div., M.T., D.Min., D.D.
Dr. Vincent Poon	MD, DMin, PsyD, FABMP, CCFP, FCFP, Approved supervisor AAMFT

*Names with * are also our speakers*

Consultants

Dr. Alan Fung*	MD, ScD., FRCPC, FAPA
Ling Ling Hui*	M.S.W., R.S.W., MCAPCT, SIPA, Toronto Psycho Analytic Society Member
Dr. Patrick Lo*	MD, FRCPC, M.Div., Member of CAMFT